



Baker Chapel A.M.E. Church
Walk A Thon
September 5 - October 15, 2020



The Baker Chapel A.M.E. Church wants to encourage and promote a healthier lifestyle during these times of limited mobility. We have developed a plan to keep us active physically for God and support Baker Chapel.

Beginning September 5th through October 15th, 2020 we are asking the Baker Chapel A.M.E. Church members to support this initiative ***“Walking by Faith for a Healthier Church”*** Walk A Thon. You are invited to participate by walking any designated number of miles in or outside your home.

You determine when and how you can record your walking activity. It does not have to be formal walking exercise. It can be recording walking around the house, to the store, on your exercise device, treadmill, etc. Tracking of your walking activities is easy using any walking monitoring application on your phone and/or others device. If unable to physically participate, prayerfully consider a donation of \$50.00 or more to support this project.

A pledge of \$2 per mile completed is required. Proceeds will support the Baker Chapel Trustees FASCIA project and other related church maintenance projects.

Send in your walking tracking report weekly via email. We will send out a collective report to the membership. This can be a fun competition between individuals, organizations, ministries, etc. The winners will be announce during the Baker Chapel Church Wide Retreat in October.

Sponsored by the Baker Chapel Membership and Health Ministries
Baker Chapel A.M.E. Church
“Walking by Faith for a Healthier Church” Walk A Thon

September 5th to October 15th, 2020



Registration Form

First Name	Last Name	
Street Address	City	State/Postal Code
Phone#	Email	
Ministry/Organization/Team Name		

Walk A thon Registration Options

Individual Pledge _____

Ministry/Organization/Team Pledge _____

Send registration form via email to: **bakerchapelmembers@gmail.com**

Note: You can make your pledge payments weekly or at the end of the Walk A Thon period Oct. 15th. Make this a fun activity while improving your health. We encourage you to take pictures, selfies, send comments and observations, etc. With your permission we will share with the church membership each week via Baker Chapel Weekly Bulletin, Facebook, Instagram, and other media outlets. Please see the permission form for approval post your pictures and comments.

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“Walking by Faith for a Healthier Church” Walk A Thon
September 5th to October 15th, 2020



Weekly Walking Tracking Form

Name _____

Date	Number of Miles	Pledge Amount per Mile	Total Pledge

Send in your tracking form weekly to **bakerchapelmembers@gmail.com**

Note: Make this a fun activity while improving your health. We encourage you to take pictures, selfies, send comments and observations, etc. With your permission, we will share with the church membership each week via Baker Chapel Weekly Bulletin, Facebook, Instagram, and other media outlets. Please see the permission form for approval post your pictures and comments.

Total Pledge _____

<p>Online Payment methods: Please use section below to identify payment purpose for <i>Walk A Thon</i></p>
<p>Check one used: \$BakerChapel - CashApp ____ Baker Chapel-Givelify ____ Baker Chapel-PayPal ____</p>
<p>Credit Card payment option is available via Baker Chapel AMEC website donation page. Use this link: www.bakerchapelamechurch.org/donate. Please make note donation is for <i>Walk A Thon</i></p>

For more info

You can make your pledge payments weekly or at the end of the Walk A Thon period Oct. 15th



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